



## SAFETY AROUND WATER

Since operations of the hydroelectric facilities on Buntzen Lake and Indian Arm are remotely controlled, they are particularly hazardous to the public. Sudden adjustments in water flows can occur without warning and cause strong surface and underwater currents in the vicinity of the intake structures and the tunnel outfalls. Swimming or boating in these areas is extremely dangerous. For your personal safety, please observe all warning signs and stay well back from BC Hydro operating areas and structures.

All lakes, rivers and streams represent a potential danger to public safety. Please note the following:

- There are no lifeguards on duty at Buntzen Lake. In the event of an emergency, contact the Recreation Area Warden or phone 911. Visitors are required to obey the safety directions of all on-site BC Hydro Recreation Area staff.
- There is a sudden drop-off at both the North and South Beach. Depth of water over the drop-off varies with reservoir levels. Parents should keep small children within arms length. Never leave children unsupervised while they are in or near the water. Children and non-swimmers should wear a personal flotation device (PFD).
- An approved PFD is required by law for each person on board any boat or canoe. This includes inflatables. Remember, it won't work if you don't wear it. A sound signaling device, such as a whistle, is also required by law.
- Don't overload your boat or canoe with people or gear.

- Small boats with a rounded bottom tip easily. Keep your centre of gravity as low as possible by sitting or kneeling when reeling in a fish.
- Watch the weather. Check the forecast before starting out. Be alert for the wave, wind and cloud changes that signal bad weather is approaching.
- Cold water reduces body heat 25 times faster than air does at the same temperature. Many of the lakes in our recreation facilities are cold enough to cause serious harm. Wearing your PFD increases your survival time.
- Alcohol affects your ability to function in three critical ways. Your balance, judgment and reaction time are affected almost immediately with the first drink. Remember, alcohol and water don't mix.
- Two-thirds of people who drown never intend to go in the water. If you are not prepared to get wet, you are not prepared to go out on the water.
- Be back on shore 30 minutes before posted closing times.

## ACCESS

### DIRECTIONS FROM VANCOUVER:

- Go east on Hastings, which becomes the Barnet Highway (No.7A)
- Turn left onto St. Johns Street
- Turn left onto loco Road, which becomes Heritage Mountain Boulevard
- Turn right onto David Avenue at the roundabout
- Turn left onto Forest Park Way
- Turn left onto Aspenwood Drive, which becomes East Road, and follow East Road to its end
- Turn right onto Sunnyside Road, and continue to the entrance gate

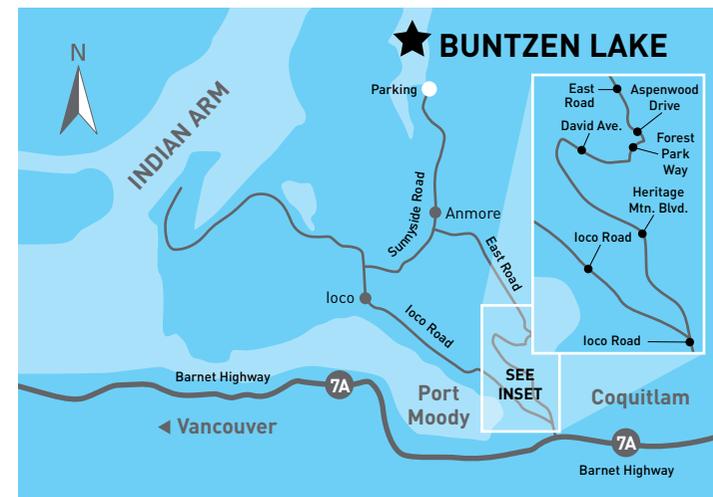
### DIRECTIONS FROM PORT MANN BRIDGE:

- Go west on Highway 1 and take Exit 44, the first exit after the Port Mann Bridge
- Follow signs to Lougheed Highway (No.7), heading east
- Turn left onto Barnet Highway (No.7A) at a major intersection

- Turn right onto loco Road, which becomes Heritage Mountain Boulevard
- Turn right onto David Avenue at the roundabout
- Turn left onto Forest Park Way
- Turn left onto Aspenwood Drive, which becomes East Road, and follow East Road to its end
- Turn right onto Sunnyside Road, and continue to the entrance gate

**Note:** Parking lots are located about 2km past the entrance gate. Parking is on a first-come basis only. When parking lots are full, the entrance gates will be closed for the day. No re-entry is permitted. Gate opening and closing times change throughout the year. Please take note of the closing time posted at entrance gate.

The C26 bus operates from Coquitlam Centre to Buntzen Lake daily. Normally, this bus stops at the turnaround before the recreation area entrance gate. It's a 1.8km or 15 to 20 minute walk to the South Beach area. During weekends and holidays between July and August, the C26 bus will continue all the way into the South Beach area. For bus schedules and information, phone 604 953 3333



For more information visit us at [bchydro.com/recreation](http://bchydro.com/recreation) or call 1 800 BC HYDRO

**BC hydro**   
FOR GENERATIONS

WELCOME TO  
BUNTZEN LAKE  
RECREATION AREA



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# WELCOME TO THE BUNTZEN LAKE RECREATION AREA

## MULTIPLE USE

Today, BC Hydro's Buntzen Lake Reservoir is not only a source of hydroelectric power, but also an attractive recreation area. Visitors to the area can enjoy:

- > Hiking
- > Mountain biking
- > Equestrian trails
- > Canoeing and kayaking (canoe rentals available at the Anmore Store on Sunnyside Road, call 604 469 9928)

On-site amenities and attractions include:

- > Parking
- > Picnic tables, shelter and grass play areas
- > Car-top boat, canoe launch and dock
- > Viewpoints and interpretative displays
- > Equestrian staging area
- > Designated off-leash area for dogs

## HISTORY AND HYDROELECTRIC GENERATION

Buntzen Lake, located just north of loco approximately 30km from Vancouver, is a BC Hydro Reservoir. It is 4.8km long and covers an area of 182 hectares. Formerly known as Lake Beautiful, the lake is named after the first general manager of B.C. Electric Co., Johannes Buntzen.

In 1903, the Buntzen hydroelectric project was put into service by the Vancouver Power Company to provide the first hydroelectric power to Vancouver. Buntzen No. 1 was constructed in 1903 with an initial capacity of 1,500 kW. A second powerhouse, Buntzen No. 2, was completed in 1914 with three pelton wheels delivering a total of 26,700 kW. In 1951, the generating equipment in Buntzen No. 1 was modernized to produce 55,000 kW in order to meet Vancouver's increasing need for power.

## VISITORS SAFETY

To assist BC Hydro in maintaining the best possible outdoor recreational areas, please observe the following rules:

- > Please place refuse in the containers provided.
- > Dogs are not permitted in the main beach area. The map (right) shows three areas where your dogs may picnic with you. The trail to the right leads to the off-leash area beside Buntzen Creek. All dogs must be on a leash except in the two designated off-leash areas or on the off-leash trail.
- > Please do not walk your dog through the main beach area. All dogs must be under owner's control at all times.
- > Use of the picnic shelter is on a first-come basis with no formal reservations. Contact the Warden if a large group will be using the picnic areas, to avoid many groups using the areas on the same day. The entire group must still arrive before the parking area fills.
- > Open fires are not allowed in the recreation area. A few tables are equipped with metal stands to support barbecues.
- > The use of power boats is prohibited on Buntzen Lake. Small battery-powered electric motors are allowed. While boating, observe all water safety regulations.
- > For public safety, firearms are prohibited.
- > Overnight camping is prohibited. Vehicles left in the area overnight may be towed away at the owner's expense.
- > Trails are closed to all motor vehicles.
- > The consumption of liquor is prohibited.
- > Vending is prohibited.

## MOUNTAIN BIKERS

For safety reasons and to limit damage, some trails are closed to mountain bikes. Bicycles are not allowed on the hiking trails. Please obey all posted signs.

## TRAILS AROUND BUNTZEN LAKE

Whether you are planning a short stroll through a coastal lowland rainforest or a more adventurous hike into the surrounding mountains, the Buntzen Lake area has it all. There are numerous trail loops, depending on your time and fitness level. Plan to be back at the parking lot 45 minutes before the recreation area closes.

